



Coronavirus/Re-Entry REVISED FAQs

Updated November 2020

In an effort to ensure we're all speaking the same thing; a list of FAQs has been prepared to help you field possible questions for our members.

Q: Why are the remaining in-person worship services being canceled?

A: Beginning in early November, COVID-19 cases began to rise across the Maryland region. As more and more people began to gather in doors with family and friends coupled with the onset of the cold/flu season, the decision to prioritize the health and safety of our members was important to us.

The remaining in-person worship services scheduled for November 15th, December 6th and December 20th will now be online only.

Q: When will HCM resume in-person worship?

A: At this time, no date has been set for re-entry to our building for the remainder of 2020. We will prayerfully keep watch on the state of the pandemic in our region and make the appropriate decision in early 2021.

Q: What support is being provided to those in need?

A: For those who need assistance during this time, reach out to your CARE Group leader. Don't have a CARE Group leader OR not sure who to contact? Email caregroups@highcalling.org for assistance.

Updated August 2020

Q: Why reopen now?

A: We believe based on the guidance of the Holy Spirit and the data available to us from Prince George's County on the low positivity rate for Prince Georges County, we are able to safely resume in-person worship with the proper safety measures in place.

Please Note: *Our re-entry plans are based on the current state of the COVID-19 pandemic. Should the situation change based on state and local county ordinances, HCM will comply and adjust our in-person worship plans accordingly.*

Q: When will HCM resume in person worship?

A: We will resume in-person worship on Sunday, September 20th for our 11:00a service. HCM will only hold worship in our building on the 1st and 3rd Sunday only. If

you would like to register to attend one of our bi-weekly services, you **MUST** register to attend. All registration details will be communicated via email.

Q: What are the protocols for returning to the building for in-person worship?

A: Our basic protocol for resuming in-person worship can be found in the full High Calling Ministries Re- Opening Plan as well as below:

:: Please wear a mask in order to enter our building {ages 2 and up}. The mask must remain on at all times while in our building.

:: Please maintain a social distance of 6 feet

:: Please do not come to church if you are sick or have been around others that have been sick recently. Symptoms that prohibit you from re-entry include but are not limited to:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New low of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

:: Please consider the risk if you fit into one of the 'At-Risk' groups

:: Please sit together in the service as a family. For the safety and respect of others, **please keep your children with you at all times.**

:: Please sanitize your hands often. Touchless hand sanitizing stations will be available throughout the building.

:: Upon arriving to the church, you will have your temperature checked via an infrared contact-less thermometer. Should your temperature exceed 100.4, a member of our Re-Entry Support Team will discuss next steps with you.

:: All the church doors that will be used will remain open {or be opened for you} so that you do not have to touch the door handles. We will have designated entry and exit doors to ensure social distancing.

:: There will be a donation box at the entrance and exit of the sanctuary instead of a passed offering basket.

:: Communion vestments will be pre-packaged in a Ziplock bag and available in the lobby before entry to the sanctuary. Trash cans will be placed at the entrance and exits of the sanctuary for all trash.

:: For those who desire prayer at the close of the Spoken Word, we ask that you remain at your seat and a member of our ministerial staff will assist you.

The full High Calling Ministries Re-Opening Plan can be found on our website at highcalling.org/coronavirus.

Q: What will in-person worship be like?

A: Our Re-Entry Support Team has put together an informative video that outlines what you should expect when you return for in-person worship. You can find the video on our website at highcalling.org/coronavirus

Q: Can I wear a mask? Gloves? Etc?

A: Of course! As a matter of fact, our protocol states that everyone over the age of 2 who enters our building must wear a mask at all times while in our building. Gloves are not necessary as there are touchless hand sanitizer stations available for you to use. Members of our Re-Entry Support Team will have on gloves as they serve you while onsite in our building.

For those uncomfortable wearing masks while in doors, we understand and respect your decision. We ask that you join our online Sunday worship services.

Q: What will be the process for in-person giving?

A: We are grateful for your faithfulness to give during this time and celebrate the fact that GOD is providing for His church through His people and their faithfulness in giving. We will no longer pass the offering basket during in-person worship, however, we have added donation boxes in our sanctuary for in person donations.

We also encourage you to give electronically via our mobile app or via our website at highcalling.org/donate. If you have questions about electronic giving, please email finance@highcalling.org.

Q: When will Children's Church and YSF be back online?

A: Our youth ministries will resume in-person worship during Phase 3. For Phases One and Two, all youth ministries will be conducted online. Please check your email every Friday for the youth ministry online service details.

Q: Will we continue online worship?

A: Yes! Online worship is here to stay. Even as we resume in-person worship, we will continue to broadcast our Sunday Worship experience online in the following locations:

Facebook - @hcmchurch

YouTube - High Calling Ministries_HCM

Website - highcalling.org/watch

Q: How will we be notified of changes to our service schedule or upcoming events?

A: You can expect to be notified via email, our social media channels and via relevant updates to our website ~ www.highcalling.org/coronavirus

Q: What support is being provided to those in need?

A: For those who need assistance during this time, reach out to your CARE Group leader. Don't have a CARE Group leader OR not sure who to contact? Email caregroups@highcalling.org for assistance.

Helpful Reminders:

1. **Wash Your Hands Frequently.** Use soap and warm water for at least 20 seconds. If soap and water are not available, use a hand sanitizer with at least 60% alcohol content. For more information, visit the Centers for Disease Control and Prevention website at CDC.gov.
2. **Use Wisdom. If you aren't feeling well, please exercise all the wisdom available to make a wise decision whether or not you should attend in person.** If you have symptoms like coughing, sneezing, nausea, or fever please stay home and take care. You can join us online via our FaceBook live stream, YouTube and on our website at highcalling.org/watch while you recover. Even if you had planned to serve, we ask that we all put safety over service.
3. **Prayer for the Sick.** If you'll let us know, we'd love to pray for you and your loved ones. You may contact us via email at prayer@highcalling.org and our Intercessory Prayer Team will continue to lift you up in prayer.
4. **Increased Cleanliness.** We always clean all our spaces well, but we'll be taking an extra measure of care, especially in the Children's Ministry spaces.
5. **Trust Father God to Protect Us.** While we should do everything that we can in the natural realm, we should always continue to trust God to order our steps and to keep us safe. This is not a time to be scared, but a time to be careful. Stay in faith, stay in the Word, and let's stay together trusting God for a speedy and safe resolution to this disease and its effects.

How You Can Pray:

2 Timothy 1:7 says, *"For God has not given us a spirit of fear, but of power and of love and of a sound mind."* As believers, we have the authority which Christ has given us to pray against the spread of any disease and to pray for healing for those who have the Coronavirus.

- Begin your prayer time by praising God for His sovereignty. He still is and always will be in control of all things. Pray that we will trust Him to help us navigate this season of uncertainty.
- Pray for wisdom for governmental leaders, the CDC, researchers, other medical personnel, leaders in churches, and other strategic places to respond wisely and appropriately.
- Pray for cooperation and collaboration among medical agencies and personnel around the world to work together for the well-being and health of all people.
- Pray for the protection of doctors, nurses, crisis response teams, emergency first responders, researchers and other medical professionals who risk their lives to protect ours.
- Pray for comfort and healing for those stricken with this virus. Pray they will receive the quality health care they need to regain health and strength. Pray for their healing and for the vaccine to cure and eradicate this virus.
- Pray for the protection and safety of those considered “at-heightened-risk.”
- Pray for peace, calmness, freedom from fear, anxiety, and panic among individuals and communities.
- Pray we would be proactive in proclaiming the gospel and sharing the good news of Jesus Christ. Pray this event would be a catalyst for revival.